



Lap Pool Fall/Winter Schedule 2023-2024

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00am		WFFM 5:30am - 7:00am					
5:30am							
6:00am							
6:30am							
7:00am							
7:30am							
8:00am		Aqua Fitness 9am - 10am					
8:30am							
9:00am	Jordan Swim Team 3:00pm - 4:30pm						
9:30am							
10:00am	WFFM 5:00 - 7:30pm						
10:30am							
11:00am	WFFM 4:00pm - 7:30pm						
11:30am							
12:00pm							
12:30pm							
1:00pm							
1:30pm							
2:00pm							
2:30pm							
3:00pm							
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6:00pm							
6:30pm							
7:00pm							
7:30pm							
8:00pm							
8:30pm							
9:00pm							
9:30pm							

*A designated lane will be open for lap swimming at all times.

Pool Hours

Monday - Friday
Saturday
Sunday

5:00 am – 9:30 pm
6:00 am – 8:30 pm
8:00am – 4:30 pm

Pool Rules

Children 5 and under: a parent must be in the water and a lifejacket strongly recommended
Children 6-12: must be with an adult
Junior Members 12-15: may use the pool when a lifeguard is on duty or with a parent