





















FitKID Fall 2023 Schedule

September 11th - December 15th

Monday	Tuesday	Wednesday	Thursday	Friday
4:15 PM - 5:00 PM Yoga and Mindfulness  Ages 8-12 Amy Sonnenberg	9:30 AM - 10:30 AM Preschool Dance 9:30  Ages 3-5 Collective PAC	4:00 PM - 4:45 PM Cheer  Ages 6-9 Test Instructor	11:00 AM - 11:45 AM Martial Arts  Ages 4-6 Raechel Bagley	11:00 AM - 11:45 AM Tiny Tumblers - Fri  Ages 3-5 Kassidy Andersen
4:30 PM - 5:15 PM Lacrosse  Ages 8-12 Bella Despain	10:30 AM - 11:30 AM Preschool Dance-10:30  Ages 3-5 Collective PAC	4:45 PM - 5:30 PM Youth Pickleball  Ages 9-14 Joseph Allen	11:30 AM - 12:00 PM Pee Wee Soccer  Ages 3-5 Mikaela Martinez	3:30 PM - 4:15 PM Advanced Basketball  Ages 8-11 Erika Habecker
5:00 PM - 5:45 PM Beginning Basketball  Ages 5-8 Raechel Bagley	12:30 PM - 1:30 PM Kindergarten Dance  Ages 4-6 Collective PAC	5:15 PM - 6:00 PM Speed and Agility-5:00pm  Ages 8-12 Fischer Balfe	4:00 PM - 4:45 PM Soccer Skillz  Ages 5-8 Mikaela Martinez	
	1:30 PM - 2:00 PM Kindergarten Acro  Ages 4-6 Collective PAC			
	4:00 PM - 4:45 PM Jazz II  Ages 9-12 Collective PAC			
	4:00 PM - 4:45 PM Preschool Dance 4:00  Ages 3-5 Collective PAC			

Monday	Tuesday	Wednesday	Thursday	Friday
	4:45 PM - 5:30 PM Jazz I  Dance Ages 6-8 Collective PAC			
	5:30 PM - 6:15 PM Hip Hop II  Dance Ages 9-12 Collective PAC			
	6:15 PM - 7:00 PM Hip Hop I  Dance Ages 6-8 Collective PAC			<p>*****No Classes*****</p> <p><i>October 16th-23rd (Fall Break)</i></p> <p><i>November 20th-24th (Thanksgiving Break)</i></p>